

Safety Tips

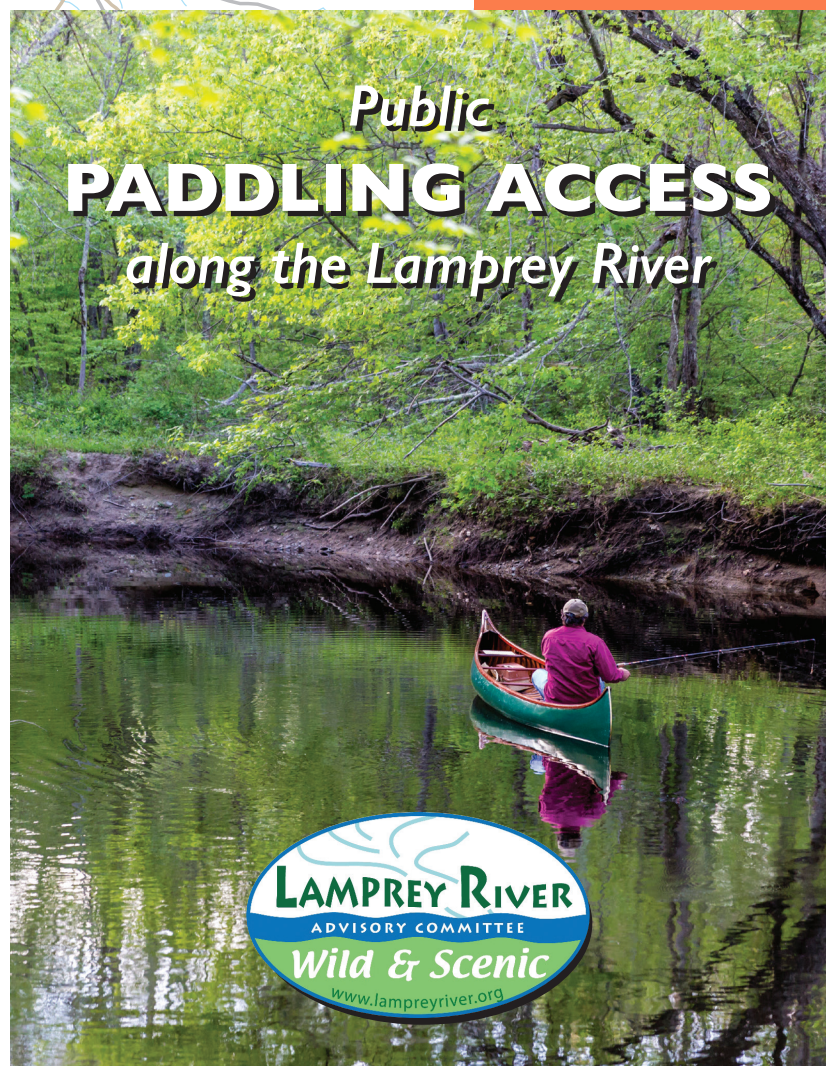
- Some sections of the river are difficult to navigate due to downed trees and significant portaging will be required. This is especially true between Route 87 in Epping and the Public Canoe Access in Lee. Be aware that poison ivy is present on many river banks.
- Please be respectful of landowners and do not trespass onto private property.
- Please make sure you do not transport any aquatic plants or plant pieces on your equipment. Assume any aquatic plant or plant piece might be invasive.
- Dress appropriately for the weather and always wear a properly fitting personal flotation device.

Cover: Fishing on the Lamprey River.

Credit: Jerry Monkman, Ecophotography.com



For more information
visit www.LampreyRiver.org



Public PADDLING ACCESS along the Lamprey River



Welcome!

The Lamprey River flows 49 miles, from Northwood to Newmarket and out to Great Bay. The entire river and its major tributaries are protected under the N.H. Rivers Management and Protection Program. Twenty three miles of the main stem Lamprey River (from West Epping to the confluence of the Lamprey and Piscassic rivers in Newmarket) are also part of the National Wild and Scenic Rivers System, making this section significant not only to New Hampshire but also to the United States.

Access Points

Raymond

1 Raymond Eco-center/Carroll Lake Beach

LOCATION: Behind Lamprey River Elementary School, 33 Old Manchester Rd. N43.034190, W71.193750

PARKING: 5–6 cars off road. No trailer turn-around. Launch is about 300 feet from parking area.

RULES/NOTES

- Open only when school is not in session. When school is in session, evening hours and weekends only.
- Carry-in only.
- Sandy beach, launch into slow, open water.

Epping

2 Mary Blair Park

LOCATION: Near Lamprey River crossing with Route 27 in West Epping. N43.0407, W71.1274

PARKING: 40–50 cars off road. Trailer turn-around if parking area isn't crowded for baseball games. Launch is about 75 feet from closest parking.

RULES/NOTES

- Carry-in only.
- Launch is gravel with moderate slope.
- White water is just upstream of launch. Slow, open water downstream.
- Starting point of Lamprey River Canoe Race.

3 Tilton Conservation Area

LOCATION: Route 87 crossing. N43.049525, W71.032489

PARKING: 8 cars off road. No trailer turn-around. Launch is about 20 feet from parking.

RULES/NOTES

- Carry-in only.
- Official launch is eroded rip-rap. Informal launch is a dirt path.
- Downstream: Caution is needed to avoid entrapment in downed trees or portaging up steep slopes with poison ivy.
- End point of Lamprey River Canoe Race.

Durham

LOCATION: Flat-water paddling upstream from Schoppmeyer and Piscassic boat launches in Newmarket to the Packers Falls area.

PARKING: Not applicable.

Lee

4 Lee Public Canoe Access

LOCATION: Route 152 near Wadleigh Falls.

N43.091561, W71.010061

PARKING: 8 cars along road. Launch is within 20 feet.

RULES/NOTES

- Carry-in only.
- Launch is made of granite steps. No railing or boat slide available.
- Dangerous falls are 1/8 mile downstream. Upstream is clear for about 1 mile, then marked by numerous downed trees. No public portage at falls.

Newmarket

5 Piscassic Park

LOCATION: Elm St. to Beech St. to Salmon St., N43.08839200, W70.94180600

PARKING: 8–10 cars. Trailer turn-around available. Launch is about 20 feet from parking.

RULES/NOTES

- Carry-in and trailer launch.
- Launch into open, slow water.
- This is where the Piscassic and the Lamprey join.
- Kayaks on site available to rent. Reserve & get key in advance from Newmarket Rec. 603-659-8581; recdesk@newmarketnh.gov

6 Schoppmeyer Memorial Park

LOCATION: Behind Newmarket Community Church Thrift Store, 10 North Main St. (Rte. 108).

N43.087494, W70.934331

PARKING: 7–8 cars. Launch is about 1/10 mile (530 feet) down a mowed grass path from parking area. Please do not trespass onto the gravel roadway.



RULES/NOTES

- Carry-in only.
- Boats must be launched from a floating dock; kayak entry and exit assistance device available.
- Kayaks on site available to rent. Reserve & get key in advance from Newmarket Rec. 603-659-8581; recdesk@newmarketnh.gov

7 Schanda Park

LOCATION: Schanda Park, end of Water St. N43.077925, W70.935617

PARKING: 12 cars. Designated trailer parking.

RULES/NOTES

- Carry-in and trailer launch.
- Launch into tidal water. Be sure to check tides if heading out to Great Bay.
- Public toilets normally available in summer.
- Kayaks on site available to rent. Reserve & get key in advance from Newmarket Rec. 603-659-8581; recdesk@newmarketnh.gov